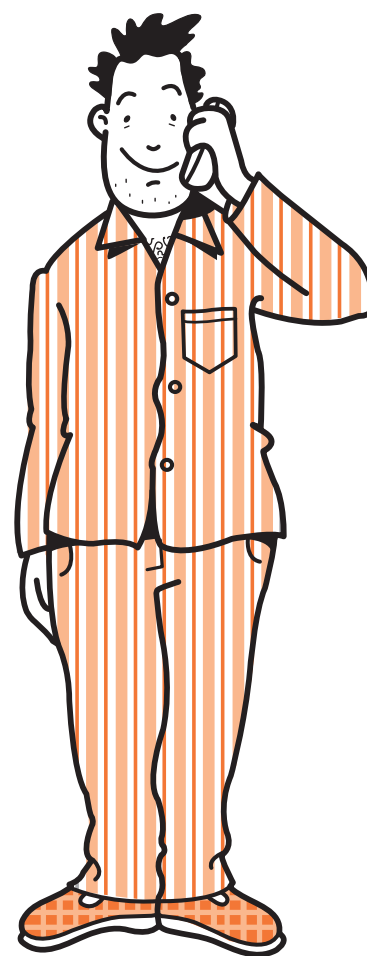


# A free confidential helpline to provide counselling and support



## 0800 0281963



Health Assured have qualified, experienced counsellors on hand to support you and focus on guiding you through stressful situations when you need it most. They help you to balance the pressures of work, home and your personal life when things become stressful or difficult to juggle. Every call is completely confidential.

Available for all employees at Daniel Thwaites Plc.



Health Shield Friendly Society Limited is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. As part of our on-going quality control programme, calls may be monitored or recorded.

Please refer to your plans terms and conditions before receiving any treatment.

HSPOST4/NOVEMBER2014

Call us free on  
**0800 0281963**  
[www.healthshield.co.uk](http://www.healthshield.co.uk)